

Hallenbelegung 2025/26 (Galerie)

	Uhrzeit		Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
9:00 - 10:00	09:00	09:30						Hiit	
	09:30	10:00						Hiit	
10:00 - 11:00	10:00	10:30							Bogenschiitzen
	10:30	11:00							Bogenschiitzen
11:00 - 12:00	11:00	11:30							Bogenschiitzen
	11:30	12:00							Bogenschiitzen
12:00 - 13:00	12:00	12:30							
	12:30	13:00							
13:00 - 14:00	13:00	13:30							
	13:30	14:00							
14:00 - 15:00	14:00	14:30							
	14:30	15:00							
15:00 - 16:00	15:00	15:30							
	15:30	16:00							
16:00 - 17:00	16:00	16:30							
	16:30	17:00							
17:00 - 18:00	17:00	17:30		NGL-Fitness	Baseball				
	17:30	18:00		NGL-Fitness	Baseball		Bogenschiitzen		
18:00 - 19:00	18:00	18:30			Baseball	EMS - Training	Bogenschiitzen		
	18:30	19:00			Baseball	EMS - Training	Bogenschiitzen		
19:00 - 20:00	19:00	19:30	Easy Step	Zumba	Pilates	EMS - Training	Bogenschiitzen		
	19:30	20:00	Easy Step	Zumba	Pilates	EMS - Training	Bogenschiitzen		
20:00 - 21:00	20:00	20:30	Body Fit			Yoga	Bogenschiitzen		
	20:30	21:00	Body Fit			Yoga	Bogenschiitzen		
21:00 - 22:00	21:00	21:30							
	21:30	22:00							
22:00 - 23:00	22:00	22:30							
	22:30	23:00							
23:00 - 24:00	23:00	23:30							

23.00 - 24.00	23:30	00:00							
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